



Competent Person Confined Spaces

📍 York, Slough and On-site | 2 Day | [View Latest Price & Availability](#)

Course Overview:

This Competent Person Confined Spaces training course is designed to meet the essential requirements of safe working in confined spaces required by the Confined Spaces Regulations 1997. Approved Code of Practice, Regulations and Guidance (L101) JSP375, Volume 3, Chapter 6 and Procedures for Confined Spaces.

Who Is This Course For:

Primarily this is aimed at operatives who require training for entry into Medium Risk Confined Spaces where the use of continuous gas monitoring and Escape Breathing Apparatus (EBA) is required as part of a control measure based on a risk assessment. The confined space will have been assessed as safe to enter, and to work in, but atmospheric conditions may change due to the nature of the space or work being carried out. There is a requirement to appoint a person in charge and have specific emergency arrangements in place.

Key Learning Areas:

- Health and safety legislation
- Identifying and classifying confined spaces
- Hazards and risks associated with confined space working
- Problem atmospheres (gases and gas monitoring)
- Work team roles and duties. First aid, medical and training requirements
- Introduction to Confined Space equipment and escape breathing apparatus (EBA)
- Use of Confined Space equipment and practical entry and exit with EBA
- A self-certification fitness questionnaire is to be completed



📍 York Campus

Our head office is conveniently based at York Business Park on the outskirts of York city centre. This well-established training centre accommodates a number of practical assessment areas for a highly interactive and participative training experience, alongside large comfortable classrooms with amenities such as complimentary WiFi, and refreshments.

📍 Slough Campus

Our Slough centres are ideally situated on the Slough Trading Estate, with central London and Heathrow both less than 20 minutes away. The Malton Avenue centre covers 15,000 square feet and boasts over 7,000 square feet of practical assessment training space. As with our York centre, we provide large comfortable classrooms with amenities such as complimentary WiFi and refreshments.

📍 Livingston Campus

5 Deer Park Avenue, part of the Fairways Business Park was established as our Scottish training centre in 2022. This easily accessible centre (just off the M8) services our connections north of the border, as well as those in the north of England. It houses 4 newly refurbished classrooms, as well as practical training facilities for F-Gas handling, Low Voltage and Mechanical and Pressure Systems

On-Site and Remote Training Options

We recognise some of the commercial restraints which surround sending multiple members of a team on to training courses. There are also the financial implications of accommodation, travel and time away from site.

Some of the key benefits of on-site training include; Reduced down time, Dates to suit your team and Cost effective team training

Some of the key benefits of remote training include; Live tutor-led courses, Cost effective delivery and Reduced down time

The Importance of Practical Training

Our practical facilities showcase industry standard installations, enabling delegates to gain hands-on experience in a variety of settings, designed to mimic those found across the healthcare estate.

By attending either of our AP or CP courses, you will gain transferable skills and knowledge to be able to carry out your duties in-line with HTM Guidance and enable you to react effectively to emergency situations, should they arise.